

## Female Fertility Questionnaire

### Orville R Weyrich, Jr PhD NMD

**Comprehensive Health Services**  
**3543 N 7th Street, Phoenix, AZ 85014**  
**Office (602) 263-8484 Fax (602) 263-3697**  
**[www.DrWeyrich.com](http://www.DrWeyrich.com), [Orville2@DrWeyrich.com](mailto:Orville2@DrWeyrich.com)**

Name \_\_\_\_\_ Date \_\_\_\_\_

Age at which menses began \_\_\_\_\_

Are your periods painful? **Yes No**

How many days does the pain last?

How many days do you normally bleed? \_\_\_\_\_

How heavy is the bleeding? **Light Normal Heavy**

What color is the blood? **Light-red Red Dark-red Purple Brown Black**

Is there clotting? **Yes No**

Do you have premenstrual tension? **Yes No**

Does your face break out before or during your period? **Yes No**

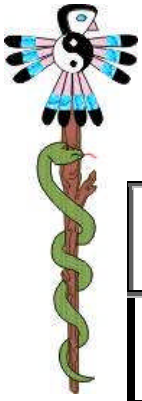
Do your breasts become tender premenstrually? **Yes No**

Do you bleed or spot between periods? **Yes No**

Are your menstrual cycles spaced irregularly? **Yes No**

How many days are there from one period to the next? \_\_\_\_\_

Date of last menstrual period \_\_\_\_\_



## Female Fertility Questionnaire

### Orville R Weyrich, Jr PhD NMD

	Number	Years
How many pregnancies have you had?		
How many children do you have?		
How many abortions have you had?		
How many miscarriages have you had?		
How many times has a D&C been performed?		

Have you ever had pelvic inflammatory disease? **Yes No**

Were you treated for it? **Yes No**

How?

Date of last Pap smear \_\_\_\_\_

Have you ever been diagnosed with uterine fibroids or polyps? **Yes No**

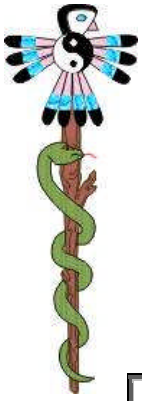
Have you ever been diagnosed with endometriosis? **Yes No**

Have you been diagnosed with pelvic adhesions? **Yes No**

Have you been diagnosed with any pelvic abnormalities? **Yes No**

Have you ever had an abnormal pap smear? **Yes No**

Have you ever had a cervical biopsy, operation, cauterization or conization? **Yes No**



## Female Fertility Questionnaire

Orville R Weyrich, Jr PhD NMD

Have you taken any medications for gynecological conditions other than contraceptives?

Medication	Reason	How long

Have you ever had a venereal disease? **Yes No**

Do you get yeast infections regularly? **Yes No**

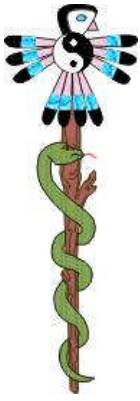
Have you ever been diagnosed with a chlamydial infection? **Yes No**

Do you have chronic vaginal discharge? **Yes No**

Do you have any sores on your genitalia? **Yes No**

Have your cycles changed since they began? **Yes No**

How?



## Female Fertility Questionnaire

Orville R Weyrich, Jr PhD NMD

Do you ovulate on your own? **Yes No**

On what day of your cycle? \_\_\_\_\_

Do your breasts get tender at/during ovulation? **Yes No**

Do you get premenstrual low back pain? **Yes No**

Do your bowel movements become loose at the beginning of your period? **Yes No**

Have you had fertility treatments? **Yes No**

If yes, when and where? \_\_\_\_\_

By whom? \_\_\_\_\_

What types? \_\_\_\_\_

Have you taken medication to help you ovulate? **Yes No**

When? \_\_\_\_\_

How long? \_\_\_\_\_

Have your fallopian tubes been evaluated medically? **Yes No**

What were the results? \_\_\_\_\_

Have you had any tubal operations? **Yes No**

Have you had any hormone laboratory tests performed? **Yes No**

What were the results? \_\_\_\_\_

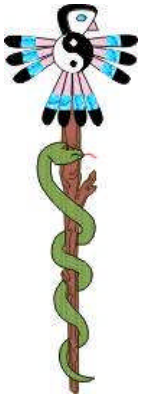
Do you have a single partner with whom you have been trying to conceive? **Yes No**

How long have you been married or living together? \_\_\_\_\_

Has he had a fertility workup? **Yes No**

What were the results? \_\_\_\_\_

Is your partner supportive of your wish to conceive? **Yes No**



## Female Fertility Questionnaire

Orville R Weyrich, Jr PhD NMD

Have you taken oral contraceptives? **Yes No**

When? \_\_\_\_\_

How long? \_\_\_\_\_

Have you ever had an IUD? **Yes No**

When? \_\_\_\_\_

How long? \_\_\_\_\_

Have you ever taken DepoProvera? **Yes No**

When? \_\_\_\_\_

How long? \_\_\_\_\_

How long have you been trying to conceive?

Have you had a diagnosis relating to infertility? **Yes No**

What was it? \_\_\_\_\_

How is your sexual energy? **Low Normal High**

Do you douche regularly? **Yes No**

With what? \_\_\_\_\_

Do you use vaginal lubricants? **Yes No**

Are you more than 20% over your ideal body weight? **Yes No**

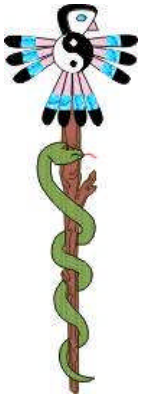
Are you more than 20% below your ideal body weight? **Yes No**

Do you have a stressful occupation? **Yes No**

Do you exercise regularly? **Yes No**

Do you have excessive facial hair? **Yes No**

Do you have excessively oily skin? **Yes No**



## Female Fertility Questionnaire

Orville R Weyrich, Jr PhD NMD

Have you experienced excessive loss of head hair? **Yes No**

Have you noticed discharge from your nipples? **Yes No**

Was your mother exposed to diethylstilbestrol (DES) when she was pregnant with you? **Yes No**

Have you been exposed to any known environmental toxins or hormones? **Yes No**

Are you presently taking steroids? **Yes No**

COMMENTS/NOTES

Adapted from *The Infertility Cure* by Randine Lewis (2004)